



**B A C**  
BALLET ARTS CENTRE  
OF WINCHESTER

# Welcome To Our PPJ Dancers!

BAC's 2023-24 Fall Dance Season will begin on **Monday, September 18<sup>th</sup>** and we are very excited as we launch into our 34<sup>th</sup> year! We are eager to meet our new faces and to see those of our returning students as well!



Some students are joining us for their first ever dance class and we realize that there may be lots of questions and in some cases some butterfly jitters too! Knowing what to expect when you come on week one will help everyone with a smooth transition. Here are a few pointers on what you can expect:

## GETTING READY FOR DANCE CLASS

- Hopefully you have been able to find the proper **Dress Code** for PPJ which requires a black tank leotard, pink tights, and pink ballet slippers (specific brand/style numbers can be found on our website at [www.bacw.com](http://www.bacw.com)). The PPJ class includes 15 minutes of jazz but you **DO NOT** need to buy jazz shoes, as students will wear ballet slippers for the full hour.
- You can find what you need at On Your Toes Dancewear in Peabody, but in many cases items are available online (Amazon, Discount Dance, etc.). *From our standpoint, if you cannot get everything you need for the first class or two, that is fine with us, and you can wear what you have until your items arrive.* However, it is often most important that students feel the part and see themselves looking like the others in their class, so we suggest not waiting until the last minute as dance stores are busy this time of year!
- **Please put names** in everything you bring, especially dance shoes.
- Please reach out to the office if you have any information about your student we should know before classes begin (**medical, allergies, special needs, etc.**) so that we can make their experience as positive as it can be.

## TALK TO YOUR STUDENT

Help your student get excited for class and let them know what to expect ahead of time.

- When you arrive on day one, you may **enter in either the front or back entrance to our building** and come up the stairs where someone from our staff will greet you and let you know which studio your class will be in. *Please arrive 5 minutes before your class start time.*
- It is best if your child can come ready in their dance clothes and they will be assigned a specific place for hanging coats, changing shoes, etc. If you need to change in the building, there are changing areas that you can use.
- The teacher will meet them outside of their dance room and gather all students before entering the room together. Make sure to let your child know that although their grown-up will not be going into the class with them, they will be able to view the class on the monitors outside of their room, so not to worry! Sometimes students are hesitant on day one and our teachers are great at encouraging and doing all that they can to put them at ease.
- The doors to the classrooms will stay open until the teacher feels that everyone is situated and comfortable and when the door does get closed, please know it is because the hallway goes on and noise can be a distraction. The monitors, while not perfect, do give you a good way to see what's going on inside the class!
- Grown-ups are welcome to stay in our waiting areas, including our lobby, during classes or you may leave and come back for pick up if you wish to do so.

## SETTLING IN

Please keep in mind that week one or any new start-up can be a bit hectic, perhaps overwhelming for some, but once everyone knows the routine, students will know just what to expect and settle in. Our number one priority is making every child feel comfortable while fostering trust in their teacher and surroundings so that they can experience all the FUN that dance class has to offer!

If you have any questions or concerns please feel free to email at [balletartscentre@comcast.net](mailto:balletartscentre@comcast.net) or give us a call at 781-729-8556.

Happy Dancing!

-Miss Debbie and BAC Staff