



# Welcome BAC Mid-Level Students!



Our 2023-24 Fall Dance Season will begin on **Monday, September 18<sup>th</sup>** and we are very excited as we launch into our 34<sup>th</sup> year! We are eager to meet new faces and to see those of our returning students as well!

## NEW DANCE OPPORTUNITIES

We have a great year planned and lots of opportunities for students to expand their love of dance with new classes and performances too!

- BAC will be presenting our beloved “**Nutcracker Suite**” on **December 2<sup>nd</sup> & 3<sup>rd</sup>, 2023** at the NextDoor Theater, 40 Cross Street in Winchester.
- **Nutcracker Auditions** will take place on Saturday, September 23<sup>rd</sup> for all interested BAC ballet students ages 7 & up. Details are on our website at [www.bacw.com](http://www.bacw.com) so be sure to check them out before you come to the audition.
- **TRY A FREE TRIAL CLASS!** Our new class offerings for ages 8 to 11 put a spin on a beloved tradition in dance! Our Jazz/Musical Theater classes still include the same time-tested jazz warm-ups, fundamental steps, and across the floor drills while exploring the music, combinations, and routines of our favorite Broadway musicals. Jazz class enhances your experience as a dancer and allows you to use the important skills that you learn in ballet while moving in a new and FUN way! Best of all, classes meet either before or after your scheduled ballet class, so you get the bonus of dancing longer on the same day! Free trials TBA!
- **TAP DANCE IS FUN!** Speaking of dance traditions, tap dance is one of the first styles of dance to originate in the US and evolve over the past 300 years! Tap is based on rhythm and musicality and spans many different dance genres, including Irish step, Jazz, and Hip-Hop, making it a fun way to move and perform! BAC is happy to welcome our new Tap teacher, Miss Lisa Sanchez, who will bring a fresh new approach to this time-honored dance staple. There’s still room in classes so sign up today and try something new!

*(P.S. Adult Tap Coming Soon!)*

## GETTING READY FOR DANCE CLASS

- When you arrive on day one, you may **enter in either the front or back entrance to our building** and come up the stairs where someone from our staff will greet you and let you know which studio your class will be in. *Please arrive 5 minutes before your class time.*
- Our lobby and waiting areas are once again open and parents are welcome to wait during classes or as always, leave and pick up at the end of class.
- Hopefully you have been able to find the proper **Dress Code** for the class you are signed up for on our website at [www.bacw.com](http://www.bacw.com).
- You can find what you need at On Your Toes Dancewear in Peabody, and in many cases items are available online (Amazon, Discount Dance, etc.). *If you cannot get everything you need for the first class or two, that is fine with us, and you can wear what you have until your items arrive.*
- **Please put names** in everything you bring, especially dance shoes.
- Water bottles and snacks should be kept in the designated area that you are assigned to along with your dance bag and belongings. Reminder that BAC is a nut-free building!
- Please reach out to the office if you have any information that we should know about your child before classes begin (**medical, allergies, special needs, etc.**) so that we can make their experience as positive as can be.

## THE INTELLIGENT DANCER!

- Keep in mind that the more prepared you are for your class, the better you will do! Dancers are known for their hard work ethic and often find that the more they put into their classes the more they get out of them and that includes *being on time, having the proper clothes and appropriate hair, and listening to the teacher’s notes and corrections, even when they are meant for someone else!* “Class” is the dancer’s “tool” and applying all that you can is what makes you the best dancer you can be!

**Here’s to YOU and another great season of dance at BAC! -Miss Debbie and BAC Staff**